

Psalm 95 Participating Radio Stations

Alabama - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Anniston / Gadsden	Sun	8:00 PM	WGRW	90.7 FM	www.graceradio.com
Athens	Sun	9:00 PM	WGHE	97.9 FM	
Birmingham	Sun	9:00 PM	WLJR	88.5 FM	www.briarwood.org
Dixon'S Mills	Sun	9:00 PM	WMBV	91.9 FM	www.wmbv.mbn.org
Dothan	Sun	2:00 PM	WWGF	107.5 FM	www.gnnradio.org
Hamilton	Sun	9:00 PM	WFBH	96.7 FM	http://fbchamilton.org/wfbh_radio.php
Selma	Sun	9:00 PM	WRNF	89.5 FM	www.wrnf.org
Tuscaloosa / Birmingham / Jasper	Sun	9:00 PM	WMFT	88.9 FM	www.wmft.org

Alaska - Alaska Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	6:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Anchor Point	Sun	11:00 PM	WJCG	107.1 FM	www.alaskabile.org
Barrow	Sun	6:00 PM	KBRW	91.9 FM	www.kbrw.org
Craig	Sun	6:00 PM	KBRJ	104.1 FM Cable	
Delta Junction	Sun	6:00 PM	Alaska Village Mission	99.3 MHz	www.alaskabile.org
Delta Junction	Sun	6:00 PM	KJNP-FM Translator	104.9 MHz	
Dot Lake	Sun	6:00 PM	KJNP-FM Translator	107.1 MHz	
Fort Yukon	Sun	6:00 PM	KJNP-FM Translator	104.9 MHz	www.mosquitonet.com/~kjmp/m
Glennallen	Sun	10:00 AM	KCAM	790 AM	www.kcam.org
Haines	Sun	9:00 AM	KRSA	94.9 FM	www.krsa.net
Homer	Sun	11:00 PM	WJCG	95.3 FM	www.alaskabile.org
Houston	Sun	6:00 PM	KJHA	88.7 MHz	http://www.mosquitonet.com/~kjmp/
Juneau	Sun	6:00 PM	K244CU	96.7 FM	
Juneau	Sun	6:00 PM		Cable 874	
Kachemak City	Sun	6:00 PM	WJCG	96.5 FM	www.mbn.org
Kenai	Sun	11:00 PM	WJCG	95.3 FM	www.alaskabile.org
Ketchikan	Sun	6:00 PM	K220AB	91.9 FM	
Ketchikan	Sun	6:00 PM		Kpu CommVision	www.kpunet.net
Kodiak	Sun	6:00 PM	K296DC	107.1 FM	
North Pole	Sun	6:00 PM	KJNP	100.3 FM	www.mosquitonet.com
Petersburg	Sun	9:00 AM	KRSA	580 AM	www.krsa.net
Portions Of All (Via Shortwave Radio)	Sat	8:00 PM	Wantok Radio Light	7120 kHz on the 41-meter band	www.wantokradio.net
Sitka	Sun	9:00 AM	KRSA	94.9 FM	www.krsa.net
Soldotna	Sun	6:00 PM	K249BY	97.7 FM	
Unalaska	Sun	11:00 PM	WJCG	88.3 FM	www.mbn.org
Valdez	Sun	6:00 PM	K220AD	91.9 FM	alaska.net/~bayside/91.9fm.html
Wrangell	Sun	9:00 AM	KRSA	94.9 FM	www.krsa.net

Arizona - Mountain Time Zone (does not observe daylight savings time**)					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	8:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Clifton	Sun	11:00 PM	WJCG	88.7 FM	www.mbn.org
Grand Canyon / Keams Canyon	Sun	8:00 PM	KTBA	1050 AM	
Meadview	Sun	7:00 PM	KVIP	90.9 FM	kvip.org
Quartzsite	Sun	8:00 PM	KWFH	88.3 FM	
St. Johns	Sun	8:00 PM	KHAC	880 AM	www.westernindian.org/radio_stations.htm
Tuba City / Winsow (Broadcasts To The West Side Of The Navajo Reservation, As Well As The Entire Hopi Reservation)	Sun	8:00 PM	KTBA	1050 AM	
Window Rock / Winslow	Sun	8:00 PM	KHAC	880 AM	westernindian.org/radio_stations.htm

Arkansas - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Marshall	Sun	9:00 PM	KCMH	90.3 FM	www.kcmhradio.com
Mena	Sun	9:00 PM	Mena Satelator	91.1 MHz	
Mountain Home	Sun	9:00 PM	KCMH	91.5 FM	www.kcmhradio.com
Northern Area	Sun	9:00 PM	KWFC	89.1 FM	www.kwfc.org

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California - Pacific Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Alturas / Termo	Sun	7:00 PM	KVIP	101.7 FM	www.kvip.org	
Azalea / Dunsuir / Mt. Shasta	Sun	7:00 PM	KVIP	90.3 FM	www.kvip.org	
Burney / Montgomery Creek	Sun	7:00 PM	KVIP	103.7 FM	www.kvip.org	
Cedarville	Sun	7:00 PM	KVIP	89.3 FM	www.kvip.org	
Chico	Sun	9:00 PM	KKXX	930 AM	www.kkxx.net	
Coarsegold / Oakhurst	Sun	7:00 PM	KVIP	91.5 FM	www.kvip.org	
Crescent City / Fort Dick / Smith River	Sun	7:00 PM	KMWR	90.7 FM	www.kvip.org	
Dorris	Sun	7:00 PM	KVIP	90.5 FM	www.kvip.org	
Dunsuir / Mt. Shasta	Sun	7:00 PM	KVIP	105.5 FM	www.kvip.org	
Fort Jones / Scott Valley	Sun	7:00 PM	KVIP	88.3 FM	www.kvip.org	
Happy Camp	Sun	7:00 PM	KVIP	89.5 FM	www.kvip.org	
Lakehead / Lamoine	Sun	7:00 PM	KVIP	101.7 FM	www.kvip.org	
Modesto	Fri	6:00 PM	KADV	90.5 FM	www.kadv.org	
	Sat	10:00 AM				
Nubieber / Mcarthur	Sun	7:00 PM	KVIP	95.9 FM	www.kvip.org	
Portions Of All (Via Shortwave Radio)	Sat	9:00 PM	Wantok Radio	7120 kHz on the 41-meter band	www.wantokradio.net	
Redding	Sun	7:00 PM	KVIP	98.1 FM / 540 AM	www.kvip.org	
Santa Cruz	Sun	6:00 PM	KFER	89.9 FM		
Scott Valley	Sun	7:00 PM	KVIP	88.3 FM	www.mbn.org	
			Translator			
Susanville / Herlong	Sun	7:00 PM	KVIP	97.7 FM	www.kvip.org	
Weaverville / Junction City	Sun	7:00 PM	KVIP	107.1 FM	www.kvip.org	
Weed / Edgewood	Sun	7:00 PM	KVIP	92.7 FM	www.kvip.org	
Willow Creek	Sun	7:00 PM	KVIP	107.9 FM	www.kvip.org	
Yreka	Sun	7:00 PM	KVIP	94.3 FM	www.kvip.org	
Colorado - Mountain Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Sun	8:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Bayfield	Sun	8:00 PM	KLJH	107.1 FM	www.kpcl.org	
Colorado Springs, Manitou Springs	Sun	8:00 PM	KTPL Translator	88.1 FM	www.mbn.org	
Cortez	Sun	8:00 PM	KTWG	95.3 FM	www.kpcl.org	
Durango	Sun	8:00 PM	KTWG	94.3 FM	www.kpcl.org	
Lincoln Park	Sun	8:00 PM	KTPL Translator	88.1 FM	www.mbn.org	
Pueblo	Sun	8:00 PM	KTPL	88.3 FM	www.mbn.org	
Connecticut - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Mon	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Middletown	Sat	1:00 AM	WIHS	104.9 FM	www.wihsradio.org	
	Sun	7:30 PM				
Delaware - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Mon	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Camden	Sun	9:00 PM	WRBS	100.1 FM	www.wrbs.com	
Dover	Sun	12:00 noon	WOLC	102.5 FM	www.wolc.org	
Middletown	Sun	9:00 PM	WRBS	97.1 FM	www.wrbs.com	
Sussex County (Bethany Beach, Bridgeville, Delmar, Dewey Beach, Fenwick Island, Georgetown, Laurel, Milford, Rehoboth Beach, Seaford,	Sun	12:00 noon	WOLC	102.5 FM	www.wolc.org	
District of Columbia - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Mon	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Washington (Most Of)	Sun	9:00 PM	WRBS	95.1 FM	www.wrbs.com	
Florida - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Boynton Beach	Sun	10:00 PM	WRMB	89.3 FM	www.wrmb.org	
Bradenton	Sun	11:00 PM	WKZM	104.3 FM	www.mbn.org	
Crystal River	Sun	8:00 PM	WHGN	91.9 MHz	www.wkes.fm	
Defuniak Springs	Sun	9:00 PM	WAKJ	91.3 FM	www.wakj.org	
Fort Pierce	Sun	10:00 PM	WRMB Translator	100.5 FM	www.wrmb.org	
Ft. Myers	Sun	11:00 PM	WJCG	88.9	www.mbn.org	
Lakeland	Sun	8:00 PM	WKES	91.1 MHz	www.wkes.fm	
Marianna	Sun	3:00 PM	WWGF	107.5 FM	www.gnnradio.org	
Melbourne	Sun	11:00 PM	WCIF	106.3 FM	www.wcif.com	
Naples	Sun	10:00 PM	WMSC	IPTV Ch. 203	www.mbn.org	
Naples / Ft. Myers / Cape Coral	Sun	6:00 PM	WSOR	90.9 FM	www.mbn.org	

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Florida (continued) - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
Okeechobee	Sun	10:00 PM	WRMB	91.5 FM	www.wrmb.mbn.org
Sarasota	Sun	8:00 PM	WKZM	104.3 MHz	www.wkes.fm
Stuart	Sun	10:00 PM	WRMB	90.3 FM	www.wrmb.mbn.org
Vero Beach	Sun	10:00 PM	WCIF	100.1 FM	www.wcif.com

Georgia - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.gnnradio.org
Albany / Americus	Sun	3:00 PM	WZIQ	106.5 FM	www.skyangel.com
Athens / Madison / Greensboro	Sun	3:00 PM	WPMA	102.7 FM	www.gnnradio.org
Augusta, Ga / Aiken, Sc	Sun	3:00 PM	WLPE	91.7 FM	www.gnnradio.org
Bainbridge / Donalsonville	Sun	3:00 PM	WWGF	107.5 FM	www.gnnradio.org
Blakely	Sun	3:00 PM	WWGF	98.3 MHz	www.gnnradio.org
Buckhead	Sun	3:00 PM	Translator WPMA	102.7 MHz	www.gnnradio.org
Byron	Sun	3:00 PM	WPWB	90.5 MHz	http://www.gnnradio.org
Colquitt	Sun	3:00 PM	WWGF	103.7 MHz	www.gnnradio.org
Columbus	Sun	3:00 PM	Translator WYFK	89.5 FM	
Culloden	Sun	3:00 PM	WPWB	105.1 MHz	www.gnnradio.org
Donalsonville	Sun	3:00 PM	Translator WWGF	107.5 MHz	www.gnnradio.org
Douglas	Sun	3:00 PM	WLPE	95.1 FM	www.gnnradio.org
Gibson	Sun	3:00 PM	WTHP	94.3 FM	www.gnnradio.org
Limpkin	Sun	3:00 PM	WZIQ	94.1 MHz	www.gnnradio.org
Ocilla	Sun	3:00 PM	Translator WLPE	98.5 MHz	www.gnnradio.org
Ocilla	Sun	3:00 PM	Translator WZIQ	96.1 MHz	www.gnnradio.org
Smithville	Sun	3:00 PM	Translator WZIQ	106.5 MHz	www.gnnradio.org
Jesup / Brunswick	Sun	3:00 PM	WLPT	88.3 FM	www.gnnradio.org
Macon / Warner Robbins / Ft. Valley	Sun	3:00 PM	WPWB	90.5 FM	www.gnnradio.org
Millen	Sun	3:00 PM	WLPE	92.5 FM	www.gnnradio.org
Ringgold	Sun	9:00 PM	WBFC-LP	103.7 FM	www.wbfcfm.com
Thomson	Sun	3:00 PM	WLPE	97.9 FM	www.gnnradio.org
Tifton / Ocilla	Sun	3:00 PM	WLPE	98.5 FM	www.gnnradio.org
Vidalia / Lyons	Sun	3:00 PM	WGPH	91.5 FM	www.gnnradio.org
Washington	Sun	3:00 PM	WLPE	94.7 FM	www.gnnradio.org

Hawaii - Hawaii-Aleutian time zone (no daylight savings time)					
City	Day	Time	Station	Frequency	Website
Hilo	Sun	11:00 PM	WJCG	91.9 FM	www.hilo.mbn.org
Hilo	Sun	4:00 PM		90.7 FM Cable	www.oceanic.com

Idaho - Pacific Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Boise	Sun	12:00 noon	KBXL	94.1 FM	www.941thevoice.com
Bonnars Ferry	Sun	7:00 PM	KMBI	94.3 FM	www.kmbi.org
Kamiah	Sun	7:00 PM	KMBI	90.9 FM	www.kmbi.org
Lewiston	Sun	7:00 PM	KMBI	100.9 FM	www.kmbi.org
Orofino	Sun	7:00 PM	KMBI	90.5 FM	www.kmbi.org

Illinois - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.thyword.org
Albion	Sun	5:00 PM	WBJW	91.7 FM	www.skyangel.com
Beardstown	Sun	9:00 PM	WLUJ	93.5 MHz	wluj.org
Bloomington / Normal	Sun	9:00 PM	Translator WBNH	100.1 FM	www.wbnhradio.com
Casey	Sun	9:00 PM	WKZI	800 AM	www.wordpower.us
Casey	Sat	6:00 PM (Rebroadcast)			
Casey	Sun	11:00 AM (Rebroadcast)			
Casey	Sun	9:00 PM	WLHW	91.5 FM	www.rr1.net/users/wkzi
Casey	Sat	6:00 PM (Rebroadcast)			
Casey	Sun	11:00 AM (Rebroadcast)			
Champaign	Sun	9:00 PM	WGNN Translatr	103.9 FM	www.greatnewsradio.org
Chicago	Sun	9:00 PM	WMBI	90.1 FM/ 1110 AM	www.wmbi.org
Clinton	Sun	9:00 PM	WGNN	97.1 FM	www.wluj.org
Colchester	Sun	9:00 PM	Translator WGNX	96.7 MHz	www.kmdy.org
Decatur	Sun	9:00 PM	WLUJ	100.1 FM	www.wluj.org
Fisher	Sun	9:00 PM	WGNN	102.5 FM	www.greatnewsradio.org

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Illinois (continued) - Central Time Zone					
City	Day	Time	Station	Frequency	Website
Freeport	Sun	9:00 PM	WJCG	90.1 FM	www.mbn.org
Galena	Sun	9:00 PM	Galena-Satellator	90.1 MHz	
Galena	Sun	9:00 PM	WJCG	89.7 FM	www.mbn.org
Jacksonville	Sun	9:00 PM	WLJ	93.5 FM	www.wluj.org
Lincoln	Sun	9:00 PM	WLWJ	88.1 FM	www.wluj.org
Monee	Sun	9:00 PM	WJCG	88.9 FM	www.mbn.org
Pekin	Sun	9:00 PM	WBNH	88.5 FM	www.wbnh.org
Peoria (East)	Sun	11:00 AM	WPEO	1020 AM	www.wpeo.com
Petersburg	Sun	9:00 PM	WLWJ	88.1 FM	www.wluj.org
Quincy	Sun	9:00 PM	KMDY	89.9 MHz	www.kmdy.org
			Translator		
Ramsey	Sun	9:00 PM	WJLY	88.3 FM	
Springfield	Sun	9:00 PM	WLLM	1370 AM	www.wluj.org
Springfield	Sun	9:00 PM	WLJ	89.7 FM	www.wluj.org
White Hall	Sun	9:00 PM	WRLJ	88.3 FM	www.wluj.org

Indiana - ¹ Eastern Time Zone - ² Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	² 9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Anderson	Sun	² 10:00 PM	WGMR-FM	97.9 FM	www.mbn.org
Clinton	Sun	¹ 10:00 PM	WPFR	93.9 FM	www.rr1.net/users/wkzi
	Sat	¹ 7:00 PM (Rebroadcast)			
	Sat	12 noon (Rebroadcast)			
Covington	Sun	² 10:00 PM	WFOF	90.3 FM	www.mbn.org
Eastern Area	Sun	10:05 am, Eastern	WFCJ	93.7 FM	www.wfcj.com
Evansville	Sun	² 5:00 PM	WBGW	101.5 FM	www.thyword.org
Jasper	Sun	² 7:00 PM	BBN Satellator	89.7 FM	www.bbnradio.org
Kokomo	Sun	² 10:00 PM	WIWC	91.7 FM	www.mbn.org
Loogootee	Sun	² 5:00 PM	WBHW	88.7 FM	www.thyword.org
Mitchell / Bloomfield / Bloomington / Salem / Bedford	Sun	9 pm, Eastern	WMBL	88.1 FM / 89.9 FM	www.mbn.org
Terre Haute	Sun	¹ 10:00 PM	WPFR	1480 AM	www.rr1.net/users/wkzi
		¹ 7:00 PM (Rebroadcast)			
		12 noon (Rebroadcast)			
Valparaiso	Sun	² 9:00 PM	WMBI Translat	91.1 FM	www.mbn.org
West Lafayette	Sun	10 pm, Central	WHPL	89.9 FM	www.mbn.org

Iowa - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Boone	Sun	11:00 AM	KFFF	99.3 FM/1260 AM	www.faithandfreedom.com
Brooklyn	Sun	9:00 PM	KSKB	99.1 FM	Website under construction
Creston	Sun	9:00 PM	KLOX	90.9 FM	Website under construction
Eagle Grove	Sat	6:00 PM	KJYL	100.7 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Keokuk	Sun	9:00 PM	KMDY	90.9 FM	www.mbn.org
Mason City	Sat	6:00 PM	KJCY	95.5 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Mason City	Sat	6:00 PM	KJLY	92.5 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Newell/Storm Lake	Sat	6:00 PM	KJLY	96.3 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Okoboji	Sat	6:00 PM	KJIA	88.9 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Sioux Center	Sun	3:30 PM	KDCR	88.5 FM	www.kdcr.dordt.edu
Waterloo	Sun	9:00 PM	KSKB Translat	99.7 FM	Website under construction

Kansas - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Eastern Area	Sun	11:00 PM	KWFC	89.1 FM	www.kwfc.org
Great Bend	Sun	10:00 PM	KREJ	88.1 FM	www.krejsns.org
Medicine Lodge	Sun	6:00 AM	KREJ	101.7 FM	www.krejsns.org
		10:00 PM			
Topeka	Sun	9:00 PM	KJTY	88.1 FM	www.joy88.org

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Kentucky - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Hindman	Sun	10:00 PM	WKCB	1340 AM		
Hopkinsville / Clarksville / Fort Campbell	Sun	11:00 PM	WNKJ	89.3 FM	www.wnki.org	
Madisonville	Sun	11:00 PM	WNKJ	91.7 FM	www.wnki.org	
Murray	Sun	11:00 PM	WNKJ	92.1 FM	www.wnki.org	
Northern Area	Sun	10:05 AM	WFCJ	93.7 FM	www.wfcj.com	
Pikeville	Sun	10:00 PM	WJSO	90.1 FM	www.wjso.org	
Providence	Sun	11:00 PM	WNKJ	101.1 FM	www.wnki.org	

Louisiana - Central Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Angola	Sun	9:00 PM	KLSP	91.7 FM		
Erwinville	Sun	9:00 PM	KPAE	91.5 FM	www.soundradio.org	
New Orleans	Sun	10:00 PM	WSHO	800 AM	www.wsho.com	

Maine - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Caribou	Sun	12:00 midnight	WFST	600 AM	www.wfst.net	
Sanford	Sun	8:00 AM	WSEW	88.5 FM	www.wsew.org	

Maryland - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Baltimore(Charter "Psalm 95" Station)	Sun	9:00 PM	WRBS	95.1 FM	www.wrbs.com	
Baltimore	Sun	1:00 PM	WRBS	1230 AM	www.wrbs.com	
Cumberland	Sun	6:00 PM	WCRH	103.9 FM	www.cedarridge.org/wcrh	
Easton	Sun	12:00 noon	WOLC	100.1 FM	www.wolc.org	
Frederick	Sun	6:00 PM	WCRH	91.7 FM	www.cedarridge.org/wcrh	
Ocean City	Sun	12:00 noon	WOLC	94.9 FM	www.wolc.org	
Princess Anne(Includes Annapolis, Cambridge, Deale, Delmar, Denton, Easton, Federalsburg, Huntingtown, Lexington Park, Ocean City, Prince Frederick, Salisbury, Snow Hill, And Thurmont	Sun	12:00 noon	WOLC	102.5 FM	www.wolc.org	
Williamsport / Hagerstown	Sun	3:00 PM	WTHU	1450 AM	www.wthu.org	
	Sun	6:00 PM	WCRH	90.5 FM	www.cedarridge.org/wcrh	

Massachusetts - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Lanesboro	Sun	10:00 PM	WNGN	96.7 FM	www.wngn.org	
North Adams	Sun	10:00 PM	WNGN	94.7 FM	www.wngn.org	
W. Springfield	Sat	1:00 AM	WIHS	104.9 FM	www.wihsradio.org	
	Sun	7:30 PM				

Michigan						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Adrian	Sun	10:00 PM	WPOS	106.3 FM	www.wposfm.com	
Bessemer	Sun	3:00 PM	WRVM	92.9 FM	www.wrvm.org	
		9:00 PM				
Down River/Detroit	Sun	10:00 PM	WPOS	102.3 FM	www.wposfm.com	
Iron River	Sun	3:00 PM	WMVM	95.3 FM	www.wrvm.org	
		9:00 PM				
Ironwood	Sun	3:00 PM	WRVM	91.9 FM	www.wrvm.org	
		9:00 PM				
Powers Suring	Sun	9:00 PM	WRVM	102.7 FM	www.wrvm.org	
Sandusky	Sun	10:00 PM	WNFR	90.7 FM	www.mbn.org	
Zeeland	Sun	10:00 PM	WGNB	89.3 FM	www.mbn.org	

Minnesota - Central Time Zone						
City	Day	Time	Station	Frequency	Website	
All (Via EchoStar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com	
Angle Inlet	Sun	9:00 PM	KBHW Translatc	96.1 FM	www.mbn.org	
Austin	Sat	6:00 PM	KJLY	98.3 FM	www.kjly.com	
	Sun	10:00 AM				
	Sun	11:00 PM				
	M-F	11:00 PM				
Babbitt	Sun	9:00 PM	KBHW Translatc	95.3 FM	www.mbn.org	
Bemidji	Sun	9:00 PM	KBHW Translatc	92.7 FM	www.mbn.org	

Psalm 95 Participating Radio Stations

Minnesota - Central Time Zone					
City	Day	Time	Station	Frequency	Website
Blue Earth	Sat	6:00 PM	KJLY	104.5 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
Chisholm	M-F	11:00 PM	KBHW Translatc	101.3 FM	www.mbn.org
	Sun	9:00 PM			
Cook	Sun	9:00 PM	KBHW Translatc	103.9 FM	www.mbn.org
Ely	Sun	9:00 PM	KBHW Translatc	95.3 FM	www.mbn.org
Grand Rapids	Sun	9:00 PM	KBHW Translatc	95.1 FM	www.mbn.org
Hibbing	Sun	9:00 PM	KADU	90.1 FM	www.mbn.org
Hoyt Lakes	Sun	9:00 PM	KBHW Translatc	104.1 FM	www.mbn.org
International Falls	Sun	9:00 PM	KBHW	99.5 FM	www.mbn.org
Little Falls	Sun	9:00 PM	KTIG Translator	95.9 MHz	www.kjly.com
Mankato	Sat	6:00 PM	KJLY	94.1 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
New Ulm	Sat	6:00 PM	KJLY	93.5 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Owatonna	Sat	6:00 PM	KJLY	95.9 MHz	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Park Rapids	Sun	9:00 PM	KTIG Translator	95.9 MHz	www.ktigi.org
Pequot Lakes	Sun	11:00 PM	KTIG	102.7 FM	www.mcbiradio.org
Pequot Lakes	Sun	9:00 PM	KTIG Translator	102.7 FM	www.mbn.org
Red Lake	Sun	9:00 PM	KBHW Translatc	93.5 FM	www.kjly.com
Saint Peter	Sat	6:00 PM	KJLY	97.9 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
Springfield / Sleepy Eye	Sat	6:00 PM	KJLY	92.3 FM	www.kjly.com
	Sun	10:00 AM			
	Sun	11:00 PM			
	M-F	11:00 PM			
St. Cloud	Sun	11:00 PM	KCFB	91.5 FM	www.kcfbradio.org
St. Cloud	Sun	9:00 PM	KTIG Translator	91.5 FM	www.mcbiradio.org
Virginia	Sun	9:00 PM	KBHW Translatc	95.3 FM	www.mbn.org
Warroad	Sun	9:00 PM	KBHW Translatc	96.7 FM	www.mbn.org
Mississippi - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Centreville	Sun	9:00 PM	WPAE	89.7 FM	www.soundradio.org
Forest	Sun	9:00 PM	WMBU	89.1 FM	www.wmbu.mbn.org
Missouri - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Arnold	Sun	9:00 PM	KGNA	89.9 FM	www.goodnewsvoice.org
Ballwin	Sun	9:00 PM	KGXN	89.7 FM	www.mbn.org
Cuba	Sun	9:00 PM	KGNN	90.3 FM	www.goodnewsvoice.org
Gray Summit	Sun	9:00 PM	KGNV Translatc	95.1 FM	www.mbn.org
Jefferson City	Sun	9:00 PM	KGNN Translatc	104.9 FM	www.mbn.org
Poplar Bluff	Sun	7:00 PM	BBN Satellator	88.7 FM	www.bbnradio.org
Salem	Sun	9:00 PM	KGNN	94.9 FM	www.goodnewsvoice.org
Springfield	Sun	11:00 PM	KWFC	89.1 FM	www.kwfc.org
Washington	Sun	9:00 PM	KGNV	89.9 FM	www.goodnewsvoice.org
West Plains	Sun	9:00 PM	KCMH	92.7 FM	www.kcmhradio.com
Montana - Mountain Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Belgrade	Sun	7:00 PM	KGWV	640 AM	
Glendive	Sun	8:00 PM	KGLE	590 KHz	www.mbn.org
Kalispell	Sun	7:00 PM	KSPL	90.9 FM	www.kmbi.mbn.org
Libby	Sun	7:00 PM	KMBI	90.1 FM	www.kmbi.mbn.org
Missoula	Sun	7:00 PM	KMBI	90.7 FM	www.kmbi.mbn.org
Thompson Falls	Sun	7:00 PM	KMBI	90.3 FM	www.kmbi.mbn.org

Psalm 95 Participating Radio Stations

Nebraska - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Columbus	Sun	9:00 PM	KTLX	91.9 FM	www.ktlx.org
Grand Island	Sun	11:00 PM	KMMJ	750 KHz	www.mbn.org
Norfolk	Sun	8:00 PM	KPNO	90.9 MHz	www.kpno.org

Nevada - Pacific Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Gerlach / Empire	Sun	7:00 PM	KVIP	89.1 FM	www.kvip.org
Winnemucca	Sun	11:00 PM	MBN	88.9 FM	www.mbn.org

New Hampshire - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Ashland / Plymouth	Sun	10:00 PM	WVNH	96.9 FM	www.wvnh.org
Concord	Sun	10:00 PM	WVNH	104.3 FM	www.mbn.org
Concord	Sun	10:00 PM	WVNH-Translat	91.1 FM	www.wvnh.org
Concord (Includes Hopkinton, Laconia, Manchester And Northwood)	Sun	10:00 PM	WVNH	91.1 FM	www.wvnh.org
New Durham	Sun	8:00 AM	WWPC	91.7 MHz	wsew.org
Laconia/Lakes Region	Sun	10:00 PM	WVNH	96.1 FM	www.wvnh.org
Meredith	Sun	10:00 PM	WANH-FM	91.5 FM	www.mbn.org

New Jersey - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
All (Via EchoStar III Satellite)	Sat	6:04 AM	WYRS	90.7 FM	www.wyrs.org
New Durham	Sun	8:00 AM	WWPC	91.7 FM	www.wsew.org

New Mexico - Mountain Time Zone (no change at Daylight Savings Time)					
City	Day	Time	Station	Frequency	Website
Albuquerque	Sun	9:00 PM 10:00 PM 11:00 PM	KKIM	1000 AM/94.7 FM	www.mykkim.com
All (Via EchoStar III Satellite)	Sun	8:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Grants / Shiprock / Tse Bonito	Sun	8:00 PM	KHAC	880 AM	www.westernindian.org/radio_stations.htm
Las Cruces	Sun	8:00 PM	KMBN	89.7 FM	www.mbn.org

New York - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Albany (Pending)	Sun	10:00 PM	WNGN	97.5 FM	www.wngn.org
Amsterdam (Pending)	Sun	10:00 PM	WNGN	105.1 FM	www.wngn.org
Argyle	Sun	10:00 PM	WNGN-FM	91.9 MHz	www.wngn.org
Berlin (Pending)	Sun	10:00 PM	WNGN	98.7 FM	www.wpel.org
Binghamton	Sun	2:05 PM	WPEL	106.5 FM	www.wngn.org
Buskirk	Sun	10:00 PM	WNGN	91.9 FM / 96.3 FM	www.wngn.org
Canajoharie (Pending)	Sun	10:00 PM	WNGN	95.9 FM	www.wngn.org
Catskill (Pending)	Sun	10:00 PM	WNGN	103.7 FM	www.wngn.org
Cobleskill (Pending)	Sun	10:00 PM	WNGN	104.7 FM	www.wngn.org
Coxsackie (Pending)	Sun	10:00 PM	WNGN	102.3 FM	www.wpel.org
Elmira	Sun	2:05 PM	WPEL	91.7 FM	www.wpel.org
Endicott	Sun	10:00 PM	WPEL	93.3 FM	www.wpel.org
Gloversville	Sun	10:00 PM	WNGN	94.5 FM	www.wngn.org
Herkimer (Pending)	Sun	10:00 PM	WNGN	106.3 FM	www.wngn.org
Remsen / Long Lake (Pending)	Sun	10:00 PM	WNGN	95.7 FM	www.wngn.org
Scotia / Troy	Sun	10:00 PM	WNGN	105.5 FM	www.wngn.org
Speculator (Pending)	Sun	10:00 PM	WNGN	93.9 FM	www.wngn.org
Troy	Sun	10:00 PM	WNGN	105.7 FM	www.wngn.org
Tupper Lake (Pending)	Sun	10:00 PM	WNGN	103.5 FM	www.wngn.org

North Carolina - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Harker's Island	Sun	3:00 PM	WLGP	100.3 MHz	www.gnnradio.org
Maxton	Sun	3:00 PM	WLPG	102.9 FM	www.gnnradio.org
Morehead City / Jacksonville	Sun	3:00 PM	WLGP	100.3 FM	www.gnnradio.org
Robbinsville, Etc.	Sun	10:00 PM	WMBW	90.3 FM	www.wmbw.mbn.org

Psalm 95 Participating Radio Stations

North Dakota - Central Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com

Ohio - Eastern Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Carrollton	Mon	12:00 midnight	WCRF	90.9 FM	www.wcrf.mbn.org
Cleveland	Mon	12:00 midnight	WCRF	103.3 FM	www.wcrf.mbn.org
Coshocton	Mon	12:00 midnight	WCRF	92.1 FM	www.wcrf.mbn.org
Dayton	Sun	10:05 AM	WFCJ	93.7 FM	www.wfcj.com
Dover / New Philadelphia	Mon	12:00 midnight	WCRF	90.5 FM	www.wcrf.mbn.org
Findlay	Sun	10:00 PM	WTGN	98.7 FM	www.wtgn.org
Gallipolis	Sun	10:00 PM	WTGN	91.7 FM (Satellator)	www.mbn.org
Gallipolis	Sun	10:00 PM	Holzer Medical Center	CATV Ch. 21	www.holzer.org
Holland	Sun	10:00 PM	WPOS	102.3 FM	www.wposfm.com
Kenton	Sun	10:00 PM	WTGN	105.1 FM	www.wtgn.org
Lima	Sun	10:00 PM	WTGN	97.7 FM	www.wtgn.org
Loudonville	Sun	10:00 PM	WZLP-LP	95.7 MHz	www.wzlpradio.com
Marion	Sun	6 pm, Eastern	WEEC	101.9 FM	www.weec.org
Marion	Mon	12:00 midnight	WEEC	101.9 FM	www.weec.org
Millersburg	Mon	12:00 midnight	WCRF	88.5 FM	www.mbn.org
Millersburg	Sun	11 pm	WVML	90.5 FM	www.wcrf.mbn.org
Sandusky	Mon	12:00 midnight	WVMS	89.5 FM	www.wcrf.mbn.org
Springfield	Sat	12:00 midnight	WEEC	100.7 FM	www.weec.org
	Sun	6:00 PM			

Oklahoma - Central Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Eastern Portions	Sun	9:00 PM	KWFC	89.1 FM	www.kwfc.org
Northern Portions	Sun	10:00 PM	KREJ	101.7 FM	www.krejsns.org
Tahlequah	Sun	11:00 PM	WJCG	88.7 FM	www.mbn.org
Woodward	Sun	10:00 PM	KREJ	97.1 FM	www.krejsns.org

Oregon - Pacific Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Bandon	Sun	7:00 PM	KVIP	100.1 FM	www.kvip.org
Brookings / Harbor	Sun	7:00 PM	KMWR	90.7 FM	www.kvip.org
Burns	Sun	7:00 PM	KVIP	89.3 FM	www.kvip.org
Chemult	Sun	7:00 PM	KVIP	91.9 FM	www.kvip.org
Chiloquin	Sun	7:00 PM	KVIP	88.3 FM	www.kvip.org
Condon	Sun	7:00 PM	KVIP	88.3 FM	www.kvip.org
Coos Bay	Sun	7:00 PM	KVIP	102.1 FM	www.kvip.org
Cove	Sun	7:00 PM	KMBI	96.5 FM	www.kmbi.mbn.org
Enterprise	Sun	7:00 PM	KMBI	94.7 FM	www.kmbi.mbn.org

Oregon (continued) - Pacific Time Zone

City	Day	Time	Station	Frequency	Website
Heppner	Sun	7:00 PM	KVIP	90.5 FM	www.kvip.org
Klamath Falls / Keno / Merrill	Sun	7:00 PM	KVIP	103.9 FM	www.kvip.org
Lakeview / New Pine Creek	Sun	7:00 PM	KVIP	105.5 FM	www.kvip.org
Mckinley (Central Coos County)	Sun	7:00 PM	KVIP	88.9 FM	www.kvip.org
Oakridge	Sun	7:00 PM	KVIP	90.3 FM	www.kvip.org
Silver Lake	Sun	7:00 PM	KVIP	89.5 FM	www.kvip.org
Springfield	Sun	7:00 PM	KORE	1050 KHz	www.koreradio.com
Sunriver	Sun	7:00 PM	KVIP	99.3 FM	www.kvip.org

Pennsylvania - Eastern Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Allentown	Sun	10:00 PM	WJCS	89.3 FM	www.wjcs.org
Allentown	Sun	10:00 PM	WJCS	89.3 FM	www.wrgn.com
Allentown	Sun	10:00 PM	WRGN	93.9 FM	www.wjcs.org
Bangor	Sun	10:00 PM	WJCS	97.7 MHz	
			Translator		
Bedford	Sun	10:00 PM	WYAC	1310 AM	
Berwick / Bloomsburg	Sun	10:00 PM	WRGN	91.7 FM	www.wrgn.com
Bethlehem	Sun	10:00 PM	WRGN	93.9 MHz	
			Translator		
Chambersburg / Shippensburg	Sun	6:00 PM	WCRH	90.5 FM	www.cedarridge.org/wcrh
Clark Summit	Sun	10:00 PM	WRGN	88.9 MHz	
			Translator		
Cochranon	Mon	12:00 midnight	WCRF	89.9 FM	www.wcrf.mbn.org

Psalm 95 Participating Radio Stations

Pennsylvania (continued) - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
Danville	Sun	6:00 PM	WPGM	96.7 FM/1570 AM	www.wpgm.info
Forty-Fort	Sun	10:00 PM	WRGN	100.3 MHz	
			Translator		
Hanover	Sun	9:00 PM	WRBS	107.1 FM	www.wrbs.com
Hazleton	Sun	10:00 PM	WRGN	91.5 FM	www.wrqn.com
Indiana	Sat	11:00 AM	WMUG	105.1 FM	www.wmugradio.org
	Sun	7:00 AM			
Lancaster	Sun	3:00 PM	WDAC	94.5 FM	www.wdac.com
Meadville	Mon	11:00 PM	WVME	91.9 FM	www.wcrf.mbn.org
Meshoppen	Sun	10:00 PM	WRGN	91.7 MHz	
			Translator		
Mifflintown	Sun	10:00 PM	WQJU	107.1 FM	
Montrose	Sun	2:05 PM	WPEL	96.5 FM	www.wpel.org
	Sun	10:00 PM			
New Castle	Mon	12:00 midnight	WVMN	90.1 FM	www.wcrf.mbn.org
New Berlin	Sun	6:00 PM	WBGM	88.1 FM	www.wpgm.info
Sayre	Sun	2:05 PM	WPEL	92.1 FM	www.wpel.org
	Sun	10:00 PM			
Scranton	Sun	10:00 PM	WRGN	88.9 FM	www.wrqn.com
Shillington	Sun	3:00 PM	WDAC	103.9 FM	www.wdac.com
State College	Sun	10:00 PM	WTLR	89.9 FM	www.cpci.org
Sweet Valley	Sun	10:00 PM	WRGN	88.1 FM	www.wrqn.com
Tunkhannock	Sun	10:00 PM	WRGN	91.7 FM	www.wrqn.com
Wagontown	Sun	3:00 PM	WDAC	103.9 FM	www.wdac.com
Wilkes-Barre	Sun	10:00 PM	WRGN	100.3 FM	www.wrqn.com

Rhode Island - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com

South Carolina - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Aiken, Sc / Augusta, Ga	Sun	3:00 PM	WLPE	91.7 FM	www.gnnradio.org
Beaufort	Sun	10:00 PM	WAGP	88.7 FM	www.wagp.net
Florence	Sun	3:00 PM	WLPG	91.7 FM	www.gnnradio.org
Myrtle Beach	Sun	3:00 PM	WLPG	96.7 FM	www.gnnradio.org

South Dakota - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Carpenter	Sun	9:00 PM	WJCG	107.7 FM	www.mbn.org
Gettysburg	Sun	9:00 PM	WJCG	90.7 FM	www.mbn.org
Huron	Sun	9:00 PM	WJCG	90.5 FM	www.mbn.org
Pierre	Sun	9:00 PM	WJCG	90.3 FM	www.mbn.org

Tennessee - ¹ Eastern Time Zone - ² Central Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM ²	MBN	IPTV Ch. 203	www.skyangel.com
Chattanooga	Sun	10:00 PM ¹	WMBW	88.9 FM	www.wdyn.com
Chattanooga	Sat	9:00 PM ¹	WDYN	89.7 FM	www.wmbw.mbn.org
Crossville	Sun	10:00 PM ²	WMBW	89.3 FM	www.wmbw.mbn.org
Dickson	Sun	11:00 PM ²	WNKJ	98.9 FM	www.wnki.org
Dyersburg	Sun	11:00 PM ²	WJCG	91.5 FM	www.mbn.org
Johnson City	Sun	9:00 PM	Johnson City-Satellator	90.1 MHz	
Johnson City	Sun	11:00 PM ²	WJCG	90.7 FM	www.mbn.org
Murfreesboro	Sun	10:00 PM ²	WFCM	91.7 FM	www.wmbw.mbn.org
Smyrna / Nashville	Sun	10:00 PM ²	WFCM	710 AM	www.wmbw.mbn.org

Texas - Central Time Zone *denotes no change during daylight savings time					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
El Paso	Sun	9:00 PM *	KMBN	89.7 FM	www.mbn.org

Utah - Mountain Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	8:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Provo	Sun	8:00 PM	KEYY	1450 AM	www.keyy.com

Psalm 95 Participating Radio Stations

Vermont - Eastern Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Bennington	Sun	10:00 PM	WNGN	98.5 FM	www.wngn.org
Woodford	Sun	10:00 PM	WNGN	101.7 FM	www.wngn.org

Virginia - Eastern Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Eastern Shore (Includes Chincoteague, Exmore, Onancock, Onley, Parksley, Sanford, Saxis, And Temperenceville)	Sun	12:00 Noon	WOLC	102.5 FM	www.wolc.org
Fredericksburg	Sun	9:00 PM	WWED	89.5 FM	www.wwedfm.org
Lynchburg (Includes Roanoke And Lynchburg)	Sun	10:00 PM	WRLV	88.3 FM	www.liberty.edu/wrvl
Madison Heights	Sun	9:00 PM	WWEM	91.7 FM	http://www.wwedfm.org
Pulaski	Sun	8:00 PM	WRMV	94.5 FM	
Roanoke	Sun	10:00 PM	WRLV	106.5 FM	www.liberty.edu/wrvl
Warrenton	Sun	9:00 PM	WRIS	1410 AM	www.wris.cc
Winchester (Includes Northern Shenandoah Valley Of VA)	Sun	10:00 PM	WPRZ Online	**Internet**	www.mbn.org
Warrenton	Sun	6:00 PM	WCRH	89.5 FM	www.cedarridge.org/radio.php
Wytheville	Sun	10:00 PM	WKDL-AM	1050 khz	www.wprz.org
	Sun	10:00 PM	WRLV	101.9 FM	www.liberty.edu/wrvl

Washington - Pacific Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	7:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Brewster	Sun	7:00 PM	KMBI	90.9 FM	www.kmbi.mbn.org
Chelan	Sun	7:00 PM	KMBI	90.9 FM	www.kmbi.mbn.org
Moses Lake	Sun	7:00 PM	KMLW	88.3 FM	www.kmbi.mbn.org
Omak	Sun	7:00 PM	KMBI	103.9 FM	www.kmbi.mbn.org
Portions Of All (Via Shortwave Radio)	Sat	9:00 PM	Wantok Radio Light	7120 kHz on the 41-meter band	www.wantokradio.net
Seattle	Sun	12 Noon	KCIS	630 AM	www.kcisradio.com
Spokane	Sun	7:00 PM	KMBI	107.9 FM	www.kmbi.mbn.org
Tonasket	Sun	7:00 PM	KMBI	90.1 FM	www.kmbi.mbn.org
Tri Cities	Sun	7:00 PM	KMBI	104.3 FM	www.kmbi.mbn.org

West Virginia - Eastern Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	10:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Martinsburg	Sun	6:00 PM	WCRH	90.5 FM	www.cedarridge.org/radio.php
Oak Hill (Includes Beckley And	Sun	10:00 PM	WOAY	860 AM	www.woay860am.com

Wisconsin - Central Time Zone

City	Day	Time	Station	Frequency	Website
All (Via Echostar III Satellite)	Sun	9:00 PM	MBN	IPTV Ch. 203	www.skyangel.com
Appleton	Sun	3:00 PM	WRVM	95.3 FM	www.wrvm.org
Eagle River / Three Lakes	Sun	9:00 PM	WRVM	107.1 FM	www.wrvm.org
Eau Claire	Sun	3:00 PM	WRVM	91.3 FM	
Ellison Bay	Sun	9:00 PM	WRVM	103.1 FM	www.wrvm.org
Goodman/Iron Mountain	Sun	3:00 PM	WMVM	90.7 FM	www.wrvm.org
Green Bay	Sun	9:00 PM	WRVM	101.5 FM	www.wrvm.org
Howards Grove	Sun	3:00 PM	WRVM	95.3 FM	www.wrvm.org
Lancaster / Monfort	Sun	9:00 PM	WRVM	99.0 FM	www.wrvm.org
Land-O-Lakes	Sun	3:00 PM	WRVM	106.3 FM	www.wjty.org
Manitowoc/Two Rivers	Sun	9:00 PM	WRVM	100.7 FM	www.wrvm.org
Marshfield	Sun	3:00 PM	WRVM	91.3 FM	www.wrvm.org
Medford	Sun	9:00 PM	WRVM	88.1 FM	www.wrvm.org
Mercer	Sun	3:00 PM	WRVM	88.7 FM	www.wrvm.org
Merrill	Sun	9:00 PM	WRVM	88.1 FM	www.wrvm.org
	Sun	3:00 PM	WRVM	88.1 FM	www.wrvm.org
	Sun	9:00 PM	WRVM	88.1 FM	www.wrvm.org

Psalm 95 Participating Radio Stations

Wisconsin (Continued) - Central Time Zone					
City	Day	Time	Station	Frequency	Website
Minocqua	Sun	3:00 PM 9:00 PM	WRVM	89.1 FM	www.wrvm.org
Oshkosh	Sun	3:00 PM 9:00 PM	WRVM	88.5 FM	www.wrvm.org
Park Falls	Sun	3:00 PM 9:00 PM	WRVM	95.1 FM	www.wrvm.org
Phelps	Sun	3:00 PM 9:00 PM	WRVM	103.9 FM	www.wrvm.org
Powers	Sun	3:00 PM 9:00 PM	WRVM	98.5 FM	www.wrvm.org
Rhineland	Sun	3:00 PM 9:00 PM	WRVM	89.9 FM	www.wrvm.org
Sheboygan	Sun	3:00 PM 9:00 PM	WRVM	100.5 FM	www.wrvm.org
Stevens Point	Sun	3:00 PM 9:00 PM	WRVM	94.3 FM	www.wrvm.org
Sturgeon Bay	Sun	9:00 PM	WRVM Translator	103.3 MHz	
Suring	Sun	3:00 PM 9:00 PM	WRVM	102.7 FM	www.wrvm.org
Tomahawk	Sun	3:00 PM 9:00 PM	WRVM	100.9 FM	www.wrvm.org
Wausau	Sun	3:00 PM 9:00 PM	WRVM	100.7 FM	www.wrvm.org
Wautoma	Sun	3:00 PM 9:00 PM	WRVM	100.7 FM	www.wrvm.org

Wyoming - Mountain Time Zone					
City	Day	Time	Station	Frequency	Website
All (Via EchoStar III Satellite)	Sun	11:00 PM	MBN	IPTV Ch. 203	www.skyangel.com

Puerto Rico - Eastern Time zone					
City	Day	Time	Station	Frequency	Website
Juana Diaz	Sun	11:00 PM	WCGB	1060 AM	www.therockradio.org
San Juan	Sun	11:00 PM	WBMJ	1190 AM	www.therockradio.org
Viequez	Sun	11:00 PM	WIVV	1370 AM	www.therockradio.org

US VIRGIN ISLANDS - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
Christianstad, St. Croix	Sun	10:00 PM	WIVH	90.1 FM	www.wrgn.com/wivh.php

Albania					
City	Day	Time	Station	Frequency	Website
Pogradec	Sun		Radio Logos	94.2 FM	www.asamblejabilike.com

Canada					
Alberta - Mountain Time Zone					
City	Day	Time	Station	Frequency	Website
All Locations In Alberta	Sun	8:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com
Three Hills	Sun	8:00 PM		88.5 FM / 89.9 FM Cable	www.pbi.ab.ca

British Columbia - Pacific Time Zone					
City	Day	Time	Station	Frequency	Website
All Locations In British Columbia	Sun	7:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com
Portions Of British Columbia	Sat	9:00 PM	Wantok Radio Light	7120 kHz on the 41-meter band	www.heart-to-serve.com

Psalm 95 Participating Radio Stations

Manitoba - Central Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Manitoba	Sun	9:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	
Churchill	Sun	9:00 PM	MBN	102.1 FM	www.mbn.org	
The Pas	Sun	9:00 PM	MBN	102.1 FM	www.mbn.org	

Newfoundland, Labrador - Newfoundland Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Newfoundland And Labrador	Mon	11:30 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

New Brunswick - Atlantic Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In New Brunswick	Mon	11:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

Northwest Territories - Mountain Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Northwest Territories	Sun	8:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

Nova Scotia - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Nova Scotia	Mon	11:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

Nunavut - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Nunavut	Mon	10:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

Ontario - ¹Eastern Time Zone - ²Central Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Ontario	Sun	² 9:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	
	Mon	¹ 10:00 PM				
Cristal Lake	Sun	¹ 10:00 PM	MBN	102.1 FM	www.mbn.org	
Ear Falls	Sun	¹ 10:00 PM	MBN	102.1 FM	www.mbn.org	
Pickle Lake	Sun	¹ 10:00 PM	MBN	102.1 FM	www.mbn.org	
Red Lake	Sun	² 10:00 PM	MBN	102.1 FM	www.mbn.org	
Sandy Lake	Sun	² 10:00 PM	MBN	102.1 FM	www.mbn.org	

Prince Edward Island - Eastern Time Zone						
City	Day	Time	Station	Frequency	Website	
All Locations In Prince Edward Island	Mon	10:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com	

Psalm 95 Participating Radio Stations

Quebec - Eastern Time Zone					
City	Day	Time	Station	Frequency	Website
All Locations In Quebec	Mon	10:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com

Saskatchewan - Central Time Zone					
City	Day	Time	Station	Frequency	Website
All Locations In Saskatchewan	Sun	9:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com

Yukon Territory - Pacific Time Zone					
City	Day	Time	Station	Frequency	Website
All Locations In Yukon Territory	Sun	7:00 PM	KMBI	107.9 FM via Radio Services Channel 832 of Star Choice Satellite Programming	www.starchoice.com

Papua New Guinea - Papua New Guinea Time					
City	Day	Time	Station	Frequency	Website
All Locations in Papua New Guinea	Sun	2:00 PM	Wantok Radio Light	93.9 105.9 7325 kHz (41-meter band)	www.wantokradio.org

Tanzania					
City	Day	Time	Station	Frequency	Website
Dodamo region	Sun	9:00 AM	Radio Uzima	94.0 FM	www.radio-uzima.org